

Double-Action Way To Help Relieve RHEUMATISM

COUGHS - SORENESS - CONGESTION

Cough after a cold leads to bronchitis and pneumonia. Help relieve the cough, soothe the throat, and soothe the chest with this time-tested double action way that is so successful.

Put a good spoonful of Vicks VapoRub in a glass of boiling water. Then breathe the vapors for a few minutes. With each breath.

WORLD HAPPENINGS BRIEFLY TOLD

After the end of November the use of steel for making tying twice will be prohibited. It was announced by the munitions department.

R. B. Inch, national secretary of League of Nations Society in Canada, announced that he had resigned. He said he expected to go into some form of work.

Saved From Ferry Ship Caribou Disaster



MARGARET BROOKE, R.C.N.
Newtown, N.S.

These two Canadian nurses were rescued when the ferry ship Caribou was torpedoed off the Atlantic coast.

NURSING SISTER W. WILKIE
Ottawa, Ont.

These two Canadian nurses were rescued when the ferry ship Caribou was torpedoed off the Atlantic coast.

SMILE AWHILE

Absent-Minded Prof. — Walter J. entered some chips half an hour ago and he's still there. He has a lot of money.

Mary — The check of the conductor. He glared at me as if I had stolen it.

Clara — And what did you do? Mary — I glared right back at him as if I had.

The hawker — And what effect did a parcel. "Are you sure?" the lady inquired. "I don't want much."

"Certainly" she doesn't want much. But what's she doing with it? "I'm wearing it."

Wife — Will you love me when my hair is grey? Husband — Yes, but not when it's black and you're through.

"How do you like the dress I got for my eighteenth birthday?" "I like it," said the mother. "I like it very much."

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SUNDAY SCHOOL LESSON

NOVEMBER 4

CHRISTIAN NURTURE IN THE FAMILY

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Health LEAGUE OF CANADA

prints TOPICS OF INTEREST VITAL INTEREST MEDICAL SURVEY

A FAMOUS BRAND Ogden's FINE CUT

OGDENS

Operated by John Ogden, former winner of the North American and Canadian Club Shooting Championships at the Calgary Stampede, the Burton Ranch in Southern Alberta was established in 1906 by F. A. Burton.

BURTON RANCH

71L

Economies Upset

More Sales of Larger Size Needed Than Before War

Reports from the clothing industry demonstrate that the industry's speed is one of the unavoidable problems of the present time.

The War and Trade Board has ruled on the quantities of cloth which may go into men's clothing and the firms which must be eliminated, but local officials agreed nothing can be done about the increase in the average size of suits being sold.

Reports from the industry showed that ready-made garments in the sizes from 34 to 38 so long as required in the number of previous years, while the call for sizes from 34 to 44 has increased to a notable degree.

The reason is obvious, officials said. Young men entering the armed forces and more older men—usually fatter and requiring larger sizes—are in civilian employment.

Except in extreme outsize, the clothes dealer sells all sizes at the same price, with fabric costs based on the average existing before the war. Now that the average suit requirements have had to be reduced upwards, some dealers have found that the savings made possible by elimination of fatter cuts and similar economies are being offset by the larger cloth requirements of the suit as a whole, authorities said.

The common housewife violates its budget about 160 times a week called in light.

A cold refrigerator is able to drive two-thirds of its length.

Cannot Get Material Tries Out New Process

Island Pulpstone Firm To Hunt Homes From Hot Springs

The way in delaying Island's ambitious program to utilize one of the few natural resources—a project to harness its numerous hot springs to heat houses and business houses.

In a warping world, with the business hard put to find shipping space for war supplies—and needing raw materials to make implements of battle—Island's need for heat simply hasn't been able to obtain the necessary raw materials and machinery to complete this peaceful enterprise.

Island, geologically speaking, is a young country formed by a series of volcanic eruptions which piled huge beds of basaltic layers on top of each other. So the barren, rugged Island has no deposits of coal, oil or gas. The only source of heat is the hot springs and the steam which grows and has a slight source of heat. Farmers in some districts produce peas. But when Island needs peas for war supplies, it is difficult to import the peas, as well as most of the Island material.

Kiddie Jumper Mode

Very Old Decoration

Swastika Was Used By Greek Architects

The Swastika doesn't belong to Hitler or even exclusively to the Aryans. It is one of the oldest symbols of good luck belonging to many of the world's religions.

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RUSSIAN CHIEF WAR AIM

The Russian chief war aim is to win the war as fast as possible. It is to win the war as fast as possible. It is to win the war as fast as possible.

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